## **Coming Events**

Dec 8	5:30 pm	A Cappella Choir Choral Vespers Samford Celebration of Christmas	Reid Chapel
Dec 10	4:00 pm	Student Recital: Sam Phillips, baritone	Bolding Studio
Dec 10	5:30 pm	Graduate Recital: Kelsey Wade, soprano	Brock Recital Hall
Dec 10	7:00 pm	ASO SuperPops with Act of Congress	Wright Center
Dec 13	7:00 pm	Birmingham Boys Choir: Christmas Concert	Wright Center
Dec 18	2:30 pm	Opera Birmingham presents Sounds of the Season* (after Music Seminar deadline for the semester)	Brock Recital Hall
Jan 17	7:30 pm	Lecture Recital on the Music of William Dawson featuring Mark Mallone, Samford A Cappella Choir, and Soloist Allison Sanders	Brock Recital Hall
Jan 24	7:00 pm	Pre-concert lecture by Dr. Beth McGinnis	Brock Recital Hall
Jan 24	7:30 pm	Davis Architects Guest Artist Series: Itamar Zorman, violin with Adam Golka, piano In partnership with the Birmingham Chamber Music Society	Brock Recital Hall





# "Nativity in Song"

Sadie Goodman, soprano Zachary Palamara, baritone Cindy St. Clair, piano



Coming events are subject to change; please check the website. Students, log your attendance for credit using this code. samford.edu/arts/calendar samford.edu/arts/events



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## Program

Jeffrey Flaniken, violin Caroline Nordlund, violin

Veni, veni Emmanuel

Adam Lay Ybounden

Angelus ad Virginem

from Magnificat, BWV 243a 13. Virga Jesse Floruit

Noël des enfants qui n'ont plus de maison

Nowell syng we

Bethlehem Down

from Meet Me in St. Louis Have yourself a merry little Christmas

Wexford Carol

Ther is no rose

Lo, how a rose e'er blooming

A Christmas Greeting

(1894 - 1930)

anon. 14<sup>th</sup> Century fragments

Johann Sebastian Bach (1685 - 1750)

(1862 - 1918)

15<sup>th</sup> Century

(1894 - 1930)

(1914-2011) (1914-1995)

(1571 - 1621)

Edward Elgar (1857 - 1934)

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Donations received after the program was submitted for publication will be acknowledged in our February 12, 2023 Festival of Sacred Music program book.

anon. 15<sup>th</sup> Century

Peter Warlock

Claude Debussy

Trinity Carol Roll

Peter Warlock

Hugh Martin & Ralph Blane

anon. Irish Carol 15<sup>th</sup> Century

Trinity Carol Roll 15<sup>th</sup> Century

Michael Praetorius

Jeffrey Z. Flaniken is enjoying a multifaceted vocation as teacher, soloist, recitalist, orchestral player, and chamber music performer. He began his performing career by winning a chair in the Louisville Orchestra at the age of seventeen. He has also held a chair with the Alabama Symphony and has played with the Cincinnati, and Atlanta orchestras; the Tanglewood and Aspen Festival orchestras; the Cincinnati Ballet and Opera orchestras; the Cincinnati Chamber Orchestra and many others. Locally, Mr. Flaniken has performed on the Birmingham Chamber Music Society Series, BAMA, Artburst, City Stages, The Festival of Arts, and the Gerhart Chamber Music Festival. He studied with Dorothy Delay, Hyo Kang, Masao Kawasaki and Kurt Sassmansshaus at Philadelphia College of the Performing Arts and at Cincinnati College-Conservatory of Music. He has also studied with Simon Fischer in London. He enjoys playing in the Samford String Quartet with his wife Angela, and Samuel and Caroline Nordlund. The quartet has performed and given masterclasses in many states as well as England, France and Carnegie Hall. The Samford Quartet has made an unusual recording of sacred music for string quartet. Professor Flaniken in conjunction with his wife Angela, Donald Sanders, Kevin Kozak and Sarana Chou released a recording of 21st-century chamber music presenting music of Lansky, Jensen and Chou. He has also participated on recordings of the Alabama Symphony, the Atlanta Symphony, a National Geographic television show, and the John Denver Christmas Special. He has been a faculty member at Samford University since 1994.

Caroline Nordlund is a lecturer at Samford University where she teaches string methods, instrumental pedagogy, and performs in the Samford Orchestra and faculty Samford String Quartet. Caroline earned a Master of Music in violin performance and pedagogy from Northwestern University as a student of Gerardo Ribeiro and Stacia Spencer. She has attended the Meadowmount School of Music, Aspen Music Festival and School, Spoleto U.S.A. and Sewanee Summer Music Festivals. Caroline holds a Bachelor of Music degree in violin performance. As an orchestral musician, Caroline has performed with the Alabama Symphony, Charleston Symphony, Tuscaloosa Symphony, Northwest Indiana Symphony, Augusta Symphony, and SC Philharmonic, among others. She has taught at the Lutheran Summer Music Festival and the Samford University Piano and Chamber Music Institute. She is the former director of the Scrollworks Youth Music School in Birmingham and has also served as the President of the Alabama chapter of the American String Teachers Association. Along with her husband Samuel, Caroline is a member of String Theory Birmingham, an instrumental pop group that plays an eclectic mix of originals and modern music arranged for string quartet, bass, and drums. In addition to teaching and performing, Caroline is an active adjudicator and presenter, giving sessions at the Alabama Music Educators Conference and the National American String Teachers Association Conference.

### Intermission

Masters in this Hall	arr. Timothy Paul Banks (b. 1953)
from <i>A Charlie Brown Christmas</i> Christmas Time Is Here	Vince Guaraldi (1928-1976)
The Christmas Song	Robert Wells & Mel Tormé (1922-1988) (1925-1999)
from <i>Noëls populaires français</i> 1. Salten i ballen	Joseph Canteloube (1879-1957)
The Snow Lay On The Ground	Leo Sowerby (1895-1968)
A Christmas Carol	Charles Ives (1874-1954)
Gesù Bambino	Pietro Yon (1886-1943)
Il est né le Divin Enfant	arr. Gabriel Fauré (1845-1924)
White Christmas	Irving Berlin (1888-1989)
Stille Nacht	arr. Brendan Fox (b. 1989)
O Holy Night	Adolphe Adam (1803-1856)

## Welcome

On behalf of the Board of Directors and Planning Committee of the Over the Mountain Festival of Sacred Music, I want to extend to you a warm welcome on this very special night. Preparation for "Nativity in Song" began in mid-February of this year, and for those of us who have known Sadie, Zach, and Cindy for even a short period of time, you know that a treat is in store for you. We would like to convey our heartfelt thanks to you for your support in making this special evening possible. The relationship with these artists, our friends, goes back about a dozen years and we are honored to collaborate with Samford University to present their program to you tonight. We also want to acknowledge special guest, Dr. Timothy Paul Banks, Professor Emeritus of the School of the Arts at Samford University, whose arrangement of "Masters in This Hall" will open the second half.

Please plan to join us on Sunday afternoon, February 12<sup>th</sup> for the 14<sup>th</sup> annual Festival of Sacred Music entitled "Let Music Live." It will be held at Riverchase United Methodist Church at 4:00 pm. Our chorus of 100 singers will be led by guest conductor Dr. Milburn Price, Dean Emeritus of the School of the Arts at Samford University, and will feature Sadie Goodman as our soloist. There is no charge for this event. It will be our pleasure to have you as our guests.

- Philip Capra, Executive Director of Over the Mountain Festivals

#### Notes, Texts & Translations

Veni, veni Emmanuel

Veni, veni Emmanuel, Captivum solve Israel, Qui gemit in exilio, Privatus Dei Filio.

Gaude, gaude, Emmanuel nascetur pro te, Israel.

Veni o Jesse virgula: Ex hostis tuos ungula, De specu tuos tartari Educ, et antro barathri

Gaude, gaude, Emmanuel nascetur pro te, Israel.

anon. 15th Century

Come, O come, Emmanuel, Release captive Israel, Who mourns in exile Deprived of God's Son.

Rejoice, rejoice, Emmanuel Shall be born for you, O Israel.

Come, O Rod of Jesse: From the clutches of the enemy, From the snares of hell, And from the depths of the netherworld lead forth thine own.

Rejoice, rejoice, Emmanuel Shall be born for you, O Israel. – translation from Parish Book of Chant, © 2012 CMAA

Pianist Cindy St. Clair has appeared throughout the United States and Europe as a soloist and collaborator, which includes performances in the Classical Music Festival in Eisenstadt, Austria. Dr. St. Clair holds a Doctor of Musical Arts degree and a Master of Music degree both in Piano Performance from the University of Alabama and a Bachelor of Music degree in Piano Performance from Samford University. Dr. St. Clair also holds a Bachelor of Science degree in Paralegal Studies with a concentration in Business from Samford University. She worked 16 years in the legal field prior to pursuing her degrees in music during which time she spent many years serving on the Board of Directors for the Alabama Association of Paralegals, Inc., mentoring students, and presenting lectures at conferences. She has been a featured soloist with the Huxford Symphony Orchestra, the University of Alabama Symphonic Band, and the Samford University Orchestra. She and baritone Christopher Jordan recently performed at the 25th Anniversary of the African American Art Song Alliance Conference in California and will be performing at the American Church in Paris in April 2023 on the Atelier Concert Series. Dr. St. Clair continues to explore her research interests relating to the work of underserved composers and women pedagogues, and relating to mental practice, stamina, and memorization techniques. She has presented lectures at the local, state, and national level. Dr. St. Clair's research presentation on the "Transference of Theodor Leschetizky's Legacy to the United States" at the National Conference on Keyboard Pedagogy in July 2021, received an Honorable Mention award. Currently, Dr. St. Clair is Interim Chair of the Division of Music at Samford University, as well as Assistant Professor of Piano. Previously, she served as Chair of the Department of Music and Director of the Quality Enhancement Plan for Judson College. In 2019, she received the Mary Gibson Thompson Teaching Award for Excellence at Judson. She has won several piano competitions in the region and is frequently invited to adjudicate piano competitions and give masterclasses. She is a certified teacher in piano by the Music Teachers National Association. She serves on the executive board of the Alabama Music Teachers Association and is the 2021-2023 President of the Birmingham Music Metro Forum.

## **Performer Biographies**

Soprano Sadie Goodman holds Bachelor of Music in Vocal Performance and Master of Music Education degrees from Samford University, a Master of Music degree in Voice and Opera from Northwestern University, and a Doctor of Musical Arts degree from the University of Alabama. While a student at Northwestern University, Sadie worked closely with composers John Musto and Ricky Ian Gordon on the roles of Mid-Aged Woman and Rosasharn in their respective operas Bastianello and The Grapes of Wrath. Sadie has also enjoyed singing for composer Terre Johnson as the soprano soloist for the premieres of his works Missa Femina (2014) and Song of the Captive (2016). She was the featured soloist for the world premiere of his work for orchestra, chorus and soprano entitled The Wind (2017) at Carnegie Hall in New York City. She recently sang a duet with Charles Billingsley accompanied by the Alabama Symphony Ochestra in the Wright Center. For over a decade she has been a chorister, cantor and soloist for daily masses broadcasted internationally on the Eternal Word Television Network, which is headquartered in Irondale. For four years she served on the faculty at Judson College where she taught Applied Voice, Vocal Pedagogy, Opera Workshop, Vocal Literature, Music History, Class Voice and Diction for Singers. Currently she lectures for the School of the Arts and the Division of Music at Samford University. Sadie has enjoyed over a decade of friendship and musical collaboration with both Zach and Cindy, and is honored to have Over The Mountain Festivals once more provide support for great music.

Since moving to Birmingham in 2009, baritone Zachary Palamara has been an active member of the performing arts community. He has had extensive solo and ensemble appearances through the Eternal Word Television Network (EWTN), Cahaba Chamber Chorale, St. Luke's Episcopal Church, Colla Voce, Over the Mountain Festivals, Samford University, Opera Birmingham, the Alabama Symphony Orchestra Chorus and numerous other churches and ensembles. In 2016, Zachary was a featured soloist for the televised funeral mass for EWTN foundress, Mother Angelica, which was viewed by millions worldwide. His favorite past musical and theatrical performances include *L'incoronazione di Poppea, Judas Maccabeus, The Winter's Tale, Così fan tutte, Die Zauberflöte, Company*, and both *A Sea Symphony* and *Dona nobis pacem* of Vaughan Williams. Zach works for ServisFirst Bank as SVP, Special Assets Officer and holds degrees from Susquehanna University, the Eastman School of Music, and UAB. He is married and spends most of his free time chasing after his two young daughters, ages eight and six. Zach is honored to be performing again with Sadie and Cindy on their third program and would like to thank Philip Capra and the Over the Mountain Festivals for their continued support.

#### Adam Lay Ybounden

Adam lay ybounden, Bounden in a bond: Four thousand winter Thought he not too long.

And all was for an apple, An apple that he took, As clerkës finden Written in their book.

#### Angelus ad Virginem

Angelus ad Virginem subintrans in conclave, Virginis formidinem demulcens, inquit: 'Ave! Ave Regina Virginum! Celi Terreque Dominum Concipies, Et paries Intacta Salutem hominum;

Tu Porta Celi facta, Medela Criminum.'

from *Magnificat*, BWV 243a 13. Virga Jesse Floruit

Virga Jesse floruit, Emmanuel noster apparuit; Induit carnem hominis, Fit puer delectabilis; Alleluja.

Nowell syng we

The Trinity Carol Roll is a vellum manuscript held by the Wren Library at Trinity College, Cambridge. It contains 13 carols, including "Nowell Sing We" and "Ther is no rose", and is considered one of the oldest extant sources of English-language polyphonic writing. The text is in Middle English interspersed with liturgical Latin.

Ne had one apple taken been, The apple taken been, Ne had never our lady

A been Heaven's Oueen.

Blessèd be the time That apple taken was, Therefore we moun singen, Deo gracias! – anon. text 15<sup>th</sup> century, adapted by P. Warlock

#### anon. 14th Century fragments

The Angel coming secretly to the Virgin, Calming the Virgin's fear, said: 'Hail! Hail, Queen of Virgins! You shall conceive the Lord of Heaven and Earth And give birth, remaining a Virgin, to the Salvation of mankind; You, made the Gateway of Heaven, the cure for sin.' – translation adapted by E. J. Dobson

> Johann Sebastian Bach (1685-1750)

The branch of Jesse flowers, Our Emmanuel appears; He takes on the flesh of humanity, Becoming a charming boy; Alleluia.

- translation © Pamela Dellal

Trinity Carol Roll 15<sup>th</sup> Century

#### Peter Warlock (1894-1930)

Nowell syng we now al and sum, ffor rex pacificus is cum.

In bedleem in that favr cete, A child was born of a madyn fre, That xall a lord and pryncë be, A solis ortus cardine.

Childryn were slayn ful greth plente, Jhesu, for the love of the; Qwerefore here sowlys savyd be. Hostis herodis impie.

As sunne schynyth thorw the glas, So ihesu in his modyr was The to serue now graunth us gras. O lux beata trinitas.

Noël des enfants qui n'ont plus de maison

Nous n'avons plus de maisons! Les ennemis ont tout pris. Tout pris, tout pris, Iusqu'à notre petit lit! Ils ont brûlé l'école et notre maître aussi. Ils ont brûlé l'église et monsieur Jésus-Christ Et le vieux pauvre qui n'a pas pu s'en aller!

Nous n'avons plus de maisons! Les ennemis ont tout pris. Tout pris, tout pris, Jusqu'à notre petit lit! Bien sûr! papa est à la guerre, Pauvre maman est morte! Avant d'avoir vu tout ça. Qu'est-ce que l'on va faire? Noël! petit Noël! n'allez pas chez eux, N'allez plus jamais chez eux, Punissez-les!

Noel sing we now all and some For the King of Peace is come.

> In Bethlehem in that fair city, A child was born of a maiden free, That shall a Lord and Prince be, From the lands that see the sun arise.

Children were slain full great plenty [in great number], Jesus, for the love of thee; Wherefore their souls saved be. Enemy of impious Herod.

As sun shineth through the glass, So Jesus in his mother was, Thee to serve, now grant us grace. O light of the Blessed Trinity. - translation by Zachary Palamara

> Claude Debussy (1862 - 1918)

We've no houses anymore! The enemy have taken everything, everything, everything, even our little beds! They've burned the school and our teacher too. They've burned the church and Mister Jesus and the poor old man who couldn't escape!

We've no houses anymore! The enemy have taken everything, everything, everything, even our little beds! Of course! Daddy's at the war, poor mother died! Before seeing all this. What are we to do? Noël, little Noël, don't visit them, don't visit them ever again, punish them!

Il est né le divin enfant... Une étable est son logement Un peu de paille est sa couchette Une étable est son logement Pour un Dieu quel abaissement

Il est né le divin enfant...

White Christmas

Stille Nacht

He is born, the divine child... Oh! How he's handsome, how he's adorable, How his charms are perfect! Oh! How he's handsome, how he's adorable, How he's the gentle divine child!

He is born, the divine child...

- translation by Lisa Yanucci

Irving Berlin (1888-1989)

arr. Brendan Fox (b. 1989)

In 2011, UNESCO added "Stille Nacht" to its World Heritage list, due to its immense world-wide popularity. Franz Xaver Gruber premiered the song in a small Austrian church as a carol for two voices on Christmas Eve 1818, but it quickly took root and spread throughout Germany. By the 1840s it had already been performed in Russia and New York City. The song has been translated into at least 140 languages; represented here by verses in German, Spanish and Russian. Please join the performers in singing the final verse in English. Harmonies are in the hymn sheet insert.

Stille Nacht! Heilige Nacht! Alles schläft; einsam wacht Nur das traute heilige Paar. Holder Knab' im lockigen Haar, Schlafe in himmlischer Ruh!

¡Noche de paz! ¡Noche de amor! Todo duerme enderredor. Entre los astros que esparcen su luz Bella anunciando al niñito Jesús Brilla la Estrella de paz!

Тихая ночь, дивная ночь! Дремлет все, лишь не спит В благоговенье святая чета; Чудным Младенцем полны их сердца, Радость в душе их горит.

O Holy Night

Silent Night! Holy Night! All is calm, all is bright 'round yon Virgin Mother and Child, Holy infant so tender and mild. Sleep in Heavenly peace!

> Adolphe Adam (1803 - 1856)

The Snow Lay On The Ground	Leo Sowerby (1895-1968)	Vengez les enfants de France! Les petits Belges, les petits Serbes, Et les petits Polonais aussi!
A Christmas Carol	Charles Ives (1874-1954)	Si nous en oublions, pardonnez-nous. Noël! Noël! surtout, pas de joujoux, Tâchez de nous redonner le pain quotidien. Noël! écoutez-nous, nous n'avons plus de petits sabots: Mais donnez la victoire aux enfants de France!
Gesù Bambino	Pietro Yon (1886-1943)	
Nell'umile capanna nel freddo e povertà é nato il Santo pargolo che il mondo adoreró. Osanna, osanna cantano con giubilante cor I tuoi pastori ed angeli	In the humble hut, In cold and poverty The Holy infant is born, Who the world will adore. Hosanna, hosanna, sing With a joyous heart, Your shepherds and angels,	Bethlehem Down from <i>Meet Me in St. Louis</i> Have yourself a merry little Christmas
o re di luce e amor. Venite adoriamo Gesù Redentor.	O King of light and love. Come let us adore The Lord.	Wexford Carol
O bel bambin non piangere non piangere, Redentor! la mamma tua cullandoti ti bacia, O Salvator.	O beautiful boy do not cry Do not cry, Redeemer! Your mother cradles you, Kisses you, O Savior.	Ther is no rose Ther is no rose of swych vertu
Osanna, osanna cantano con giubilante cor	Hosanna, hosanna, sing With a joyous heart,	As is the rose that bar ihesu. Alleluya.
I tuoi pastori ed angeli o re di luce e amor.	Your shepherds and angels, O King of light and love. – translation by Lisa Yannucci	For in this rose conteynyd was Heuene and erthe in lytyl space. Res miranda.
Il est né le Divin Enfant	arr. Gabriel Fauré (1845-1924)	Be that rose we may weel see. Ther be o god in personys thre. Pares forma.
Il est né le divin enfant Jouez hautbois, résonnez musettes Il est né le divin enfant Chantons tous son avènement	He is born, the divine child, Play, oboes, resound, bag-pipes! He is born, the divine child, Let us sing of his coming!	Lo, How a Rose E'er Blooming
Depuis plus de quatre mille ans Nous le promettaient les prophètes Depuis plus de quatre mille ans Nous attendions cet heureux temps	For more than four thousand years, The prophets promised Him to us. For more than four thousand years, We've been waiting for this happy time.	Please join the performers in singing the insert.

Avenge the children of France! The little Belgians, the little Serbs, and also the little Poles! If we've forgotten any, forgive us. Noël! Noël! And above all, no toys, try to give us back our daily bread. Noël! Hear us, we no longer have our little clogs: but give victory to the children of France! – translation by Richard Stokes

> Peter Warlock (1894-1930)

Hugh Martin & Ralph Blane (1914-2011) (1914-1995)

anon. Irish Carol, 15th century

Trinity Carol Roll

There is no rose of such virtue As is the rose that bore Jesus. Alleluia.

For in this rose contained was Heaven and earth in little space. Marvelous thing.

By that rose we may well see, There is a God in persons three. Equal form. – translation by Zachary Palamara

> Michael Praetorius (1571-1621)

Please join the performers in singing the second and third verses found in the hymn sheet insert.

A Christmas Greeting

#### Edward Elgar (1857-1934)

Jeffrey Flaniken, violin Caroline Nordlund, violin

Bowered on sloping hillsides rise In sunny glow, the purpling vine; Beneath the greyer English skies, In fair array, the red-gold apples shine.

Refrain: To those in snow, To those in sun, Love is but one; Hearts beat and glow, By oak and palm. Friends, in storm or calm.

On and on old Tiber speeds, Dark with the weight of ancient crime; Far north, thro' green and quiet meads, Flows on the Wye in mist and silv'ring rime. *Refrain* 

The pifferari\* wander far, They seek the shrines, and hymn the peace Which herald angels, 'neath the star, Foretold to shepherds, bidding strife to cease. *Refrain* 

Our England sleeps in shroud of snow, Bells, sadly sweet, knell life's swift flight, And tears, unbid, are wont to flow, As "Noel! Noel!" sounds across the night. *Refrain* 

- Text by Caroline Alice Elgar (née Roberts) (1848-1920)

\*Here, Elgar quotes the 14th movement of Handel's *Messiah*, commonly known as "The Pastoral Symphony." Handel called this movement simply "Pifa," taking the name from the Italian shepherdperformers ("Pifferari") who played bagpipes in the streets of Rome at Christmastime. Handel himself is believed to have quoted this theme after hearing it on a trip to Rome. Both Handel and Elgar use this music to invoke the shepherds searching for the newborn Christ. Alice Elgar's text strengthens the allusion and connects it to rural Britain by comparing the Tiber River in Rome to the River Wye, which flows through England and Wales.

Intermission

## Masters in this Hall

from A Charlie Brown Christmas Christmas Time Is Here

The Christmas Song

from *Noëls populaires français* 1. Salten i ballen

Salten i ballen els pastorells, dones, Salten i ballen la nit de Nadal, La nit de Nadal, la nit de Nadal.

Feu-li el llit a la Verge Maria, Feu-li el llit que la Verge ha parit!

Salten i ballen els pastorells, dones...

Feu-li non non al ninet, que no plori, Feu-li non non al ninet que no dorm.

Salten i ballen els pastorells, dones...

En eixint de ses virginals entranyes, Apar que tot, es reventa de plors.

Salten i ballen els pastorells, dones...

I la mareta, per a consolar-lo, Ella li canta la dolça cançó.

Salten i ballen els pastorells, dones...

"No ploris, no, manyaguet de ta mare, No ploris, no, que em daries tristor!" Vince Guaraldi

(b. 1953)

Timothy Paul Banks

(1928-1976)

Robert Wells & Mel Tormé (1922-1988) (1925-1999)

> Joseph Canteloube (1879-1957)

The shepherds jump and dance, ladies, They jump and dance on Christmas night, Christmas night, Christmas night.

Make the bed for the Virgin Mary, Make her the bed as the Virgin has given birth!

The shepherds jump and dance, ladies...

Sing "night-night" to the babe, so that he doesn't cry, Sing "night-night" to the babe as he doesn't sleep.

The shepherds jump and dance, ladies...

As he goes away from the virginal bosom, It seems that he bursts into tears.

The shepherds jump and dance, ladies...

And the dear mother, to console him, Sings him the sweet song!

The shepherds jump and dance, ladies...

"Don't cry, no, babe of your mother, Don't cry, no, you'll make me sad!"

- translation by Lisa Yannucci